

LOSKOP MARATHON SERIES 2025

SATURDAY 26 APRIL 2025

THE 36" RUN OF THE ULTRA (50KM) MARATHON
THE 16™RUN OF THE WILD CHALLENGE (21KM)
THE 1° RUN OF THE TOUGH RUN (10KM)



PRE-ENTRIES ONLY / ONLINE!

ENTRIES CLOSE ON 7 APRIL 2025
ENTER BEFORE 7 FEBRUARY 2025 TO QUALIFY FOR THE COMPLIMENTARY RACE SHIRT
LIMITED FIELDS ON ALL RACES!

www.loskopmarathon.co.za | loskop@peaktiming.co.za

RACE INFORMATION

DATE: SATURDAY 26 APRIL 2025

50km Ultra Marathon, 21km Wild Challenge and 10km Tough Run

MARATHON RACE OFFICE

Email: loskopmarathonseries@gmail.com

ENTRIES

Entry Fees:

50km Ultra Marathon: R690 (Payment installments accepted - see website) 21km Wild Challenge: R495

10km Tough Run: R100

(Including Athletics Mpumalanga levy)

Entries are limited as follows:

50km Ultra Marathon: 5000 participants 21km Wild Challenge: 2000 participants 10km Tough Run: 150 participants

Closing Date: 2 April 2025 @ 17h00 / 7 February 2025 to qualify for complimentary Race T-Shirt

21km & 50km: Only paid entries received before this date will be confirmed by SMS/email. Official race t-shirts will be issued only to entries received before 7 February 2025. *10km Race T-Shirts for sale @ R150 on or before 7 February 2025.

We regret no wheelchairs allowed

TEMPORARY LICENSES

Available from the Race Administration Office @ R40 each. BOOK AND PAY WITH ENTRY.

WATER POINTS & REFRESHMENT STATIONS

Refreshment stations will provide Coke and purified water sachets.

- **50km Ultra:** every 3km for the first half and every 2.5km for the second half
- 21km Wild Challenge: every 3km
- 10km Tough Run: every 2.5km

COURSE RECORDS

A time incentive bonus will be used this year and will be paid to the first athlete per category to finish

AAIF	ini the set time and	ale as follows.	
•	Men:	02:44:03	R15 000
	Women:	03:14:37	R15 000
	40+ Men:	02:47:34	R 2 000
	40+ Women:	03:27:03	R 2 000

COMRADES QUALIFIER & SEEDING

See Comrades website: www.comrades.co.za for qualifying or seeding details.

50km (S 25°46′32″, E 29°27′32″) 21km (S 25°24′5″, E 29°22′03.4″) 10km (525°26'33.2", E29°28'03.9")

GENERAL INFORMATION

NUMBER COLLECTION NUMERICAL (IMPORTANT: Please provide proof of payment and your allocated race number as sent per SMS/email to collect your race number/package)
18/19 April 2025 - Weekend prior to race

WOODMEAD RETAIL PARK, 1 Waterfall Cres, Woodmead, JHB, 2191 (10km, 21km & 50km)

- 25/26 April 2025 Race Weekend

 10km Tough Run Steve Tshwete Municipal Offices, Middelburg (FRIDAY ONLY) and Saturday
- 50km Ultra Steve Tshwete Municipal Offices, Middelburg
- 21km Wild Challenge Damwal Complex (Loskopdam)

cting times for all events:

- Friday from 12h00 20h00

• Saturday - from 04h30 - 06h00 THE START: ULTRA 06H00 & WILD CHALLENGE 06H30

- 50km Ultra Steve Tshwete Municipal Offices, Middelburg: STRICTLY 06H00 21km Wild Challenge Damwal Complex (Loskopdam): STRICTLY 06H30
- 10km Tough Run N11 (-24.44255, 29.46776): STRICTLY 07H00 (Free shuttle from Forever Resort)
- Secure parking @ R50
- Coffee for sale from 05h00 on race day at 21km & 50km START venues
- Pasta buffet at the Loskopdam Restaurant (Friday 25 April ONLY)

THE FINISH

- 50km Ultra, 21km Wild Challenge and 10km Tough Run will finish at Loskopdam, a Forever
- Athletes will receive a maximum of three (3) entry vouchers to the Resort. These vouchers will be attached to you race number. Should you enter the Resort prior to collecting your free entry vouchers, you must pay the normal entry fee. You may then redeem these vouchers, with proof of payment, for a refund at the reception.
- Only runners wearing official race numbers clearly visible on the front of their club yests will be allowed to enter the finishing area.

PRIZE GIVING

TOG BAGS

Winners MUST redeem their prize-vouchers at the Podium after the prize giving BEFORE 15H00 Trophies, gold medals and other prizes will be awarded after the races. Prize-giving will take

Transport of tog bags will be available from both venues to the finish at Loskopdam, free of charge (at rs' own risk). Use the numbered tags provided to collect your bag at the finish. PLEASE USE

- place at the stage area next to the finish line.
- PLEASE NOTE: Official prize-giving times: 10km & 21km @ 11h30 & 50km @ 12h00

YOUR OWN PLASTIC BAG IN CASE IT RAINS as the vehicle used is an open truck!

PHOTOS

Runners photos will be taken by Action Photo on request. For more details visit the official websites: www.loskopmarathon.co.za | www.actionphotosa.com

BUS TRANSPORT 50km ONLY (Pre-booked and pre-paid ONLY)

- Bus transport will be provided to the 50km START in Middelburg from Loskop Dam. Busses will depart strictly from 04h00 04h45. Only 750 tickets available. One per athlete.
- Tickets will be allocated on a first-come first-serve basis and to athletes ONLY
- NO TRANSPORT WILL BE AVAILABLE FROM MIDDELBURG. ATHLETES ARE REMINDED THAT THE ROAD (N11) TO LOSKOP WILL CLOSE AT 05H00.

 Busses returning to Middelburg leaves from 13h00, Last bus leaves Loskop at 14h00!
- Bus tickets (50km ONLY) must be pre-booked with race entry at a cost of **R95 per ticket**.
- NO bus tickets will be sold seperately or on race day.
 FREE SHUTTLE SERVICE: 10km, 21km & Fun Run (Athletes ONLY)

A free shuttle service to drop off athletes at the registration/start of the 10km, 21km and Fun Run will be provided from the Resort Main Entrance from 05h00! (Strictly no spectators/parents/supporters)

RACE T-SHIRT

- Only athletes on 21km & 50km who entered BEFORE 7 February 2025 will qualify for a complimentary race t-shirt.
- No free race t-shirt on 10km. Please see merchandise for the special edition 10km race t-shirt for sale @ R150 Order before 7 February 2025.
- Sizes will be allocated on availability upon entry.
 T-Shirts will be distributed in the finish tunnel.
- Non-finishers/non-starters: T-Shirts can only be collected after 13h00 ON RACE DAY at the finish tunnel - Sizes subject to availability.
- NO t-shirt will be couriered after the event

MAKE YOUR CONTRIBUTION TO CONSERVATION

PLEASE contribute to conservation in the Loskop Nature Reserve:

- Make a contribution to Friends of Loskop Conservation Fund with your entry, or
- ENTER your family in the RHINO FUN RUN.

THE 4.9km RHINO FUN RUN

This family Fun Run takes place on Saturday 26 April 2025, from the DAMWAL SLAGHUIS, You may enter on race day at the start from 05h00. R50 per entry and contributes towards the FRIENDS OF LOSKOP CONSERVATION FUND. No prize-money will be awarded, but all finishers will receive a medal. Walkers are also welcome. The Fun Run starts at 06h45

ACCOMMODATION

LOSKOPDAM, A FOREVER RESORT

Contact us at: Loskopdam, a Forever Resort Tel: +27 (0)13 262 3075 Email: loskopres@foreversa.co.za Bookings for accommodation may be in advance

PLEASE SPEAK TO RECEPTION

ALTERNATIVE ACCOMMODATION

ALTERNATIVE ACCOMMODATION CAN BE RESERVED AT:

Middelburg info centre - central reservations - Tel: +27 (0)13 243 2253/4 - Website: www.midinfo.co.za - or Contact the Loskop Marathon Admin Office

-Tel: 082 437 4413 - Website: www.loskopmarathon.co.za

RACE RULES

- 2025 License numbers must be worn. Race number on the front of your yest.
- Official timing chip is attached to your race number.
- NO CHIP = NO RESULT = NO RACE HISTORY
- Licensed runners must wear club colours; other runners should be neatly dressed in accordance
- with accepted athletic norms. To prevent disqualification, obey all Referees and traffic officers/officials.
 - Only athletes as defined by ASA & WA rules:
 - 10km: The minimum age is 14 years of age on race day
 - 21.1km: The minimum age is 16 years of age on race day; and
 - 50km Ultra: 20 years of age on race day.
 - Identification and proof of age must be provided on request on race day.
- Athletes competing for category prizes must wear age category tags on both front and back of their vests. Category tags MUST be visible. They must complete the race before 11h30. Time limits will apply as follows (NO SECONDS ALLOWED):
 - 21.1km 4 hours 00 Minutes.

 - 50km Ultra 7 hours 00 Minutes. 50km Cut-off times: 25km 3:45; 36km 5:15, 42km 06:00
- The referees decisions are final.
- Submitting medical information is compulsory and entrant's responsibility
- Run under the rules of ASA and Athletics Mpumalanga

- Walkers may participate with no additional time allowed. Cut-off times as above will apply.
- Run clean any athlete accused of irresponsible disposing of litter other than into/at provided refuse bins may be subject to disciplinary action, and if found to be in contravention of any race rules/laws will be disqualified and subject to future bans.
- Voluntary seeding. Walkers and slow runners please refrain from starting in the front this is for your own benefit and safety.
- Runners to check all information on their race pack/envelope BEFORE leaving the registration
- desk. Report any errors to the administration team at the info desk.

 Random drug testing, under the auspices of Drug Free Sport and ASA will be conducted.
- Time incentives will be paid into the recipient's bank account only once full doping results are received by the organisers.
- Substitution will be allowed at a cost of R250 until Friday 25 April 2025. Substitutions will only be done at the Race Number collection venues. NO substitutions will be done on Saturday morning, 26 April 2025 at either venue. Race t-shirt for the substitute is the shirt (size) originally ordered by the athlete.
- No permanent number can be substituted.
- International Athletes ensure that you are in possesion of a clearance letter from your national body as per WA Rule.



10KM TOUGH RUN

MEN		WOMEN
1.	R 850 - 00	1. R 850 - 00
2.	R 750 - 00	2. R 750 - 00
3.	R 650 - 00	3. R 650 - 00
JUNIOR MEN		JUNIOR WOMEN
1.	R 650 - 00	1. R 650 - 00
2.	R 550 - 00	2. R 550 - 00
3.	R 450 - 00	3. R 450 - 00

21KM WILD CHALLENGE

EN	WOMEN
R3 750 - 00	1. R3 750 - 00
R1 900 - 00	2. R1 900 - 00
R1 250 - 00	3. R1 250 - 00
R 950-00	4. R 950-00
R 650-00	5. R 650 - 00
	R1 900 - 00 R1 250 - 00 R 950 - 00

JUNIOR MEN		JUNIOR WOMEN	
1.	R1 000 - 00	1. R1 000 - 00	tententan
2.	R 750-00	2. R 750 - 00	
3.	R 650 - 00	3. R 650 - 00	
4.	R 550-00	4. R 550-00	
5.	R 450-00	5. R 450 - 00	

MEN 40-49		WOMEN 40-49		
1.	R 650 - 00	1.	R 650 - 00	
2.	R 400 - 00	2.	R 400 - 00	
3.	R 250 - 00	3.	R 250 - 00	

MEN 50-59		W	WOMEN 50-59	
1.	R 650 - 00	1.	R 650 - 00	
2.	R 400 - 00	2.	R 400 - 00	
3.	R 250 - 00	3.	R 250 - 00	

3.	R 250 - 00	3.	R 250 - 00	***************************************
M	EN 60-69	W	OMEN 60-69	
1.	R 650 - 00	1.	R 650 - 00	
2.	R 400 - 00	2.	R 400 - 00	
M	EN 70+	W	OMEN 70+	
1.	R 650 - 00	1.	R 650 - 00	

2.

(i)	
TROPHIES	

R 400 - 00

ALL CATEGORY WINNERS RECEIVE A FLOATING TROPHY (Awarded with a collectable miniature trophy)

R 400 - 00

21KM WILD CHALLENGE

GOLD	SILVER	BRONZE
FIRST 5 MEN PLUS CATEGORY WINNER	Men: Sub 1:30	Balance up to 1 500 finishers
FIRST 5 WOMEN PLUS CATEGORY WINNER	Women: Sub 1:40	

50KM LOSKOP ULTRA MARATHON

M	EN	WOMEN
1.	R15 000 - 00	1. R15 000 - 00
2.	R10 000 - 00	2. R10 000 - 00
3.	R 7 500 - 00	3. R 7 500 - 00
4.	R 5 000 - 00	4. R 5 000 - 00
5.	R 2500-00	5. R 2 500 - 00
M	EN 40-49	WOMEN 40-49
1.	R3 150 - 00	1. R3 150 - 00
2.	R2 500 - 00	2. R2 500 - 00
3.	R1 900 - 00	3. R1 900 - 00
M	EN 50-59	WOMEN 50-59
1.	R1 250 - 00	1. R1 250 - 00
2.	R 950-00	2. R 950-00
3.	R 650-00	3. R 650 - 00
M	EN 60-69	WOMEN 60-69
1,	R1 250 - 00	1. R1 250 - 00
2.	R 650-00	2. R 650 - 00
	EN 70+	WOMEN 70+
	EN 70 + R1 250 - 00	WOMEN 70+ 1. R1 250 - 00

THE PERFECT ROUTE FOR YOUR FINAL COMRADES PREPERATION



BREAKING THE 50KM RECORD = R15 000

INCENTIVE PRIZES/BONUS - 50KM ULTRA

A time incentive bonus will be paid to the first athlete per category to finish within the record time and are as follow:

Men:	02:44.03	R15 000
Women:	03:14.37	R15 000
40+ Men:	02:47.34	R2 000
40+ Women:	03:27.03	R2 000

50KM LOSKOP ULTRA MARATHON

GOLD	SILVER	BRONZE
FIRST 5 MEN & WOMEN ALL CATEGORY WINNERS	Sr Men : Under 3:45 40+ Men : Under 3:50 50+ Men : Under 4:20 60+ Men : Under 4:45	Balance up to 3 500 finishers
	Sr Women : Under 4:05 40+ Women : Under 4:25 50+ Women : Under 5:05 60+ Women : Under 5:50	









FOR YOUR CONVENIENCE

THE 4.9KM RHINO FUN RUN

This family Fun Run takes place on Saturday 26 April 2025, from the start of the 21km Wild Challenge (near the Dam Wall). This unique run will be towards the Resort along the dam. Entries, only on race day at the start. R50 per entry and contribute towards the FRIENDS OF LOSKOP CONSERVATION FUND. No prize-money will be awarded, but all finishers will receive a medal. Walkers are also welcome. The Fun Run starts at 06h45.

PARKING R50 AND COFFEE FOR SALE

From 04h30 on race day at both START venues. 50km start - secure parking at R50

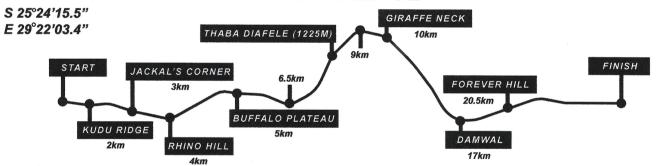
PASTA BUFFET AVAILBLE (BOOKING REQUIRED)

on Friday night at the Loskopdam, a Forever Resort Restaurant @ R150 per person

ROUTE PROFILE

View the routes in 3D by visiting www.loskopmarathon.co.za for exact distance, elevations & identify the landmarks and notorius hills/decents.

21KM - THE ULTIMATE WILD CHALLENGE



50KM - ULTRA MARATHON



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WITHOUT YOU THIS WOULD NOT BE POSSIBLE!

NASHUA









